

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

https://compass-ssb.tamu.edu/pls/PROD/bwxkwtes.P_TransEquivMain

Texas Common Course Numbering System

<https://www.tccns.org/>

TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN —University Studies Sports Conditioning

STUDENT _____ UIN# _____
 (Last) (First) (MI)

Writing Requirement KINE 198 & KINE 482 Foreign Language (2 yrs HS OR 2 semesters University) _____

International and Cultural Diversity (6 hours) _____ e-mail _____

COURSE #	HRS	GRD	COURSE #	HRS	GRD
COMMUNICATION (6) **			AREA OF CONCENTRATION (24)		
ENGL 104 – (ENGL 1302)	3		KINE 121 – Phys & Motor Fittn Assess	2	
Communication	3		KINE 198+-Strength Training	1	
MATH (6) **			KINE 213 – (PHED 1301)	3	
MATH (MATH 1324)	3		KINE 404- Coaching Psychology	3	
MATH (MATH 1325)	3		KINE 305 -Sport and Nutrition	3	
SCIENCE (9) **			KINE 386- Sport Physiology	3	
BIOL 111 –(BIOL 1406)	4		SPMT 421*- Legal Aspects of Sport	3	
Natural Science Elective	4		KINE 491-Research in Sport Conditioning	2	
KINE 120 – SCIENCE OF BASIC HLTH & FITNESS	1		KINE 482 (S/U) + - Seminar in Research	1	
HISTORY (6) **			KINE 431 or 485	3	
HIST (HIST 1301, 1302 or HIST 2301)	3				
HIST (HIST 1301, 1302 or HIST 2301)	3				
POLITICAL SCIENCE (6)			Pre-requisite Coursework (3)		
POLS 206 – (GOVT 2305)	3		NUTR 202- (BIOL 1322)	3	
POLS 207 – (GOVT 2306)	3				
SOCIAL SCIENCE (3) **			Electives % (15-18)		
	3				
CREATIVE ARTS (3) **					
	3				
LANG, PHIL & CULTURE (3) **					
	3				
COACHING MINOR (18)					
HLTH 216-(PHED 1206 or 1306)	2				
KINE 199M-Majors Resist/Flex	1		MINOR (15-18)		
KINE 215-Fundamentals of Coaching	1			3	
KINE 306-Functional Anatomy for Coach	1			3	
KINE 302 Applied Exer. Phys for Coach	1			3	
KINE 307- Lifespan Motor Development	3			3	
KINE 318-Athletic Injuires	3			3	
Coaching Elective	2			3	
Coaching Elective	2				
Coaching Elective	2				

Refer to core.tamu.edu. All electives **MUST satisfy University Core Curriculum. Some electives may meet International and Cultural Diversity requirements.

+KINE 482-900 will fulfill the University Core Curriculum Writing Requirement; Select KINE 198 section numbers starting with 900 to meet second writing requirement

% Number of Elective hours will depend on number of hours second minor requires.

* Courses will be replaced with newly developed courses.

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____

CHAIR _____ DATE _____

University Studies- Sports Conditioning Catalog 138

This guide is intended to assist students in scheduling. Update as advisor indicates.

COURSE	PREREQ	CLASS	SUBSTITUTE	ESSENTIAL INFORMATION!!!
ENGL 104		FR/SO	ENGL 103	
**ENGL/COMM				See core.tamu.edu
MATH 141			MATH 148, 152, 166, 172	
MATH 131			MATH 142, 147, 151, 171, or Phil 240	
BIOL 111			Biol 101, 107, 113/123	
Natural Science Kine 120				See core.tamu.edu
HIST - 3 hrs				See core.tamu.edu
HIST - 3 hrs				See core.tamu.edu
POLS 206				
POLS 207				
**Social Science				See core.tamu.edu Some courses may meet International & Cultural Diversity requirements. See advisor
**Creative Arts				See core.tamu.edu Some courses may meet International & Cultural Diversity requirements. See advisor
**Lang, Phil & Culture				See core.tamu.edu. Some courses may meet International & Cultural Diversity requirements. See advisor
Hlth 216				Must make a "C" or better
KINE 199 Majors Resist Flex				MUST NOT TAKE PASS/FAIL (S/U). Must make a "C" or better.
KINE 215				Must make a "C" or better
KINE 306		JR/SR		Must make a "C" or better
KINE 302	Kine 306	JR/SR		Must make a "C" or better
KINE 307		JR/SR		Must make a "C" or better
KINE 318		JR/SR		Must make a "C" or better
Coaching Elective	Kine 215			Must make a "C" or better
Coaching Elective	Kine 215			Must make a "C" or better
Coaching Elective	Kine 215			Must make a "C" or better
KINE 121				
KINE 198+ Strength Trng				Must take Writing Intensive Section (section numbers starting with 900; Must not take Pass/Fail (S/U)
KINE 213				
KINE 404				
KINE 305	NUTR 202			
KINE 386	Kine 121, 213, 302	JR/SR		
SPMT 421				
KINE 491		JR/SR		
KINE 482+		JR/SR		Must take Writing Intensive Section (section numbers starting with 900); Must take Pass/Fail (S/U)
KINE 431 or 485				KINE 431 Taught in Spring Only
NUTR 202				
Electives				
**Minor				Must meet department requirements granting the minor. See advisor for more information on minors.

**Course may satisfy International & Cultural Diversity requirement. See core.tamu.edu and icd.tamu.edu for list of classes.

+Satisfies Core Curriculum Writing Requirement.

INTENT TO GRADUATE FORM DUE FEB 15TH, JULY 1ST, SEPT 15TH, TWO SEMESTERS PRIOR TO GRADUATION

**GENERAL RULES
UNIVERSITY STUDIES-SPORTS CONDITIONING
CATALOG 138**

- I. **PROGRESS TOWARDS DEGREE-** Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.

II. **MINORS**

The University Studies degree requires two minors. The Sport Conditioning concentration requires the Coaching minor be one of them. The second minor may be chosen from one of the university approved minors but must be from another College. Please note that none of the courses required by the concentration can be used to meet the requirements of the minors. However, a course used in the concentration or minor also may be used to satisfy core curriculum requirements. When a course is used to meet multiple graduation requirements the credit hours are only counted once. When courses satisfy more than one requirement, the number of electives hours will increase to maintain the 120 hour graduation requirement.

1. **Coaching Minor-** Complete the Coaching minor courses with a grade of “C” or better.

Electives for Coaching Minor:

KINE 312 Coaching of Baseball - Taught in Spring only

KINE 317 Coaching of Football - Taught in Fall only

KINE 321 Coaching of Volleyball - Taught in Fall only

KINE 351 Coaching of Basketball - Taught in Fall only

KINE 355 Coaching of Track - Taught in Spring only (not every Spring)

SPMT 489 Performance Psychology- Taught Fall and Spring if offered

2. **Second Minor-** Must meet minor requirements set by the minor granting department.
3. It is the student’s responsibility to note and meet all prerequisites for courses in their chosen Minor.
4. Students who take courses in a Minor prior to declaring the Minor may result in loss of classes if they are not admitted to that Minor.

III. **KINE 199s AND KINE 198s**

1. KINE 199 must be Majors Resist Flex; Must not take Pass/Fail (S/U)
2. KINE 198 must be a strength training writing intensive section (section number beginning with 900). Must not take Pass/Fail (S/U)

IV. **REQUIREMENTS FOR GRADUATION**

1. Submit departmental *Intent to Graduate* form (<https://mycehd.tamu.edu/academic-services/undergraduate-advising/forms>) by the deadline (February 15, July 1, or September 15) two (2) semesters **before** graduation semester. (Fall graduation: February 15; Spring graduation: July 1; Summer graduation: September 15.)
2. Successfully complete all degree plan courses with required grade in each.
3. Minimum GPR requirement: 2.0 overall at A&M
4. Add/Pay Diploma Fee the semester you are graduating.
5. Apply for graduation the semester you are graduating.
6. Transfer all applicable courses to A&M’s Records Office.

V. **UNDERGRADUATE DEGREE PLAREQUIREMENT**

All students entering Texas A&M University in fall 2013 or later are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan. Students are required to complete the Undergraduate Degree Planner before the start date of their second year. The Undergraduate Degree Planner is in Howdy on the My Record tab in the Undergraduate Degree Planner channel. Guides for using the Undergraduate Degree Planner are also available in Howdy.