

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

**Texas A&M University Transfer Course Equivalency Site**

[https://compass-ssb.tamu.edu/pls/PROD/bwxkwtes.P\\_TransEquivMain](https://compass-ssb.tamu.edu/pls/PROD/bwxkwtes.P_TransEquivMain)

**Texas Common Course Numbering System**

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY**  
**DEPARTMENT OF HEALTH & KINESIOLOGY**  
**B.S. DEGREE PLAN —University Studies Sports Conditioning**

STUDENT \_\_\_\_\_ UIN# \_\_\_\_\_  
 (Last) (First) (MI)

Writing Requirement KINE 198 & KINE 482 Foreign Language (2 yrs HS OR 2 semesters University) \_\_\_\_\_

International and Cultural Diversity (6 hours) \_\_\_\_\_ e-mail \_\_\_\_\_

COURSE #	HRS	GRD	COURSE #	HRS	GRD
COMMUNICATION (6) **			AREA OF CONCENTRATION (24)		
ENGL 104 – (ENGL 1302)	3		KINE 121 – Phys & Motor Fitn Assess	2	
Communication	3		KINE 198+-Strength Training	1	
MATH (6) **			KINE 213 – (PHED 1301)	3	
MATH (MATH 1324)	3		KINE 404- Coaching Psychology	3	
MATH (MATH 1325)	3		KINE 305 -Sport and Nutrition	3	
SCIENCE (8) **			KINE 386 – Sport Physiology	3	
BIOL 111 –(BIOL1406)	4		SPMT 421*- Legal Aspects of Sport	3	
Natural Science Elective	4		KINE 491-Research in Sport Conditioning	2	
HISTORY (6) **			KINE 482 +-Seminar in Research	1	
HIST (HIST 1301 or HIST 2301)	3		KINE 431 or 485	3	
HIST (HIST 1302 or HIST 2301)	3				
POLITICAL SCIENCE (6)			Pre-requisite Coursework (3)		
POLS 206 –(GOVT 2305)	3		NUTR 202 (BIOL 1322)	3	
POLS 207 – (GOVT 2306)	3				
SOCIAL SCIENCE (3) **			Electives % (16-19)		
	3				
VISUAL & PERFORMING ARTS (3) **					
	3				
HUMANITIES (3) **					
	3				
COACHING MINOR (18)					
HLTH 216-(PHED 1306)	2				
KINE 199M-Majors Resist/Flex	1		MINOR (15-18)		
KINE 215-Fundamentals of Coaching	1			3	
KINE 306-Functional Anatomy for Coach	1			3	
KINE 302 Applied Exer. Phys for Coach	1			3	
KINE 307- Lifespan Motor Development	3			3	
KINE 318-Athletic Injuires	3			3	
Coaching Elective	2			3	
Coaching Elective	2				
Coaching Elective	2				

\*\*Refer to the Undergraduate Catalog. All electives **MUST** satisfy University Core Curriculum. Some electives may meet International and Cultural Diversity requirements.

+KINE 482-900 will fulfill the University Core Curriculum Writing Requirement; Select KINE 198 section numbers starting with 900 to meet second writing requirement

% Number of Elective hours will depend on number of hours second minor requires.

\* Courses will be replaced with newly developed courses.

STUDENT \_\_\_\_\_ DATE \_\_\_\_\_ MINIMUM HOURS REQUIRED: 120

ADVISOR \_\_\_\_\_ DATE \_\_\_\_\_ PROPOSED GRAD. DATE: \_\_\_\_\_

CHAIR \_\_\_\_\_ DATE \_\_\_\_\_

**University Studies-Sports Conditioning  
Catalog 136**

***This guide is intended to assist students in scheduling. Update as advisor indicates!***

COURSE	PREREQ	CLASS	SUBSTITUTE	<b>ESSENTIAL INFORMATION!!!</b>
ENGL 104				See Core Curriculum.
**ENGL/COMM				See Core Curriculum.
**MATH				See Core Curriculum.
**MATH				See Core Curriculum.
BIOL 111			BIOL 101, 107, 113/123	
**Natural Science				See Core Curriculum.
**HIST				See Core Curriculum. Some courses may meet International & Cultural Diversity requirements.
**HIST				See Core Curriculum. Some courses may meet International & Cultural Diversity requirements.
POLS 206			NONE	
POLS 207			NONE	
**Social Science				See Core Curriculum.
**Vis/Perf Arts				See Core Curriculum. Some courses may meet International & Cultural Diversity requirements.
**Humanities				See Core Curriculum. Some courses may meet International & Cultural Diversity requirements.
HLTH 216				Must make a "C" or better.
KINE 199M-Resist Flex				Must make a "C" or better.
KINE 215				Must make a "C" or better.
KINE 306		JR/SR		Must make a "C" or better.
KINE 302		JR/SR		Must make a "C" or better.
KINE 307		JR/SR		Must make a "C" or better.
KINE 318	KINE 306/HLTH216	JR/SR		Must make a "C" or better.
Coaching Elective	KINE 215			Must make a "C" or better. See General Rules Sheet
Coaching Elective	KINE 215			Must make a "C" or better. See General Rules Sheet
Coaching Elective	KINE 215			Must make a "C" or better. See General Rules Sheet
Kine 121				
KINE 198+ Strength Training				Must take Writing Intensive Section (section numbers starting with 900; Must not take Pass/Fail (S/U).
KINE 213				
KINE 404				
KINE 305	NUTR 202			
KINE 386	KINE 213, 121, 302	JR/SR		
SPMT 421				Course will be replaced with newly developed course.
KINE 491		JR/SR		
KINE 482+				Must take Writing Intensive Section (section numbers starting with 900).
KINE 431 or 485		JR/SR		KINE 431 offered in Spring Semesters only
NUTR 202				
Electives				Number of Elective hours will depend on number of hours the second minor requires.
Minor (15-18)				Must meet department requirements granting the minor. See advisor for more information on Minors; Certain courses may also satisfy the International and Cultural Diversity requirement.
+Satisfies Writing Course Requirement				
** Proper selection might also meet International and Cultural Diversity requirement - See Core Curriculum Requirements in Catalog				

**GENERAL RULES**  
**UNIVERSITY STUDIES-SPORTS CONDITIONING**  
**CATALOG 136**

- I. **PROGRESS TOWARDS DEGREE-** Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.
- II. **MINORS**  
The University Studies degree requires two minors. The Sport Conditioning concentration requires the Coaching minor be one of them. The second minor may be chosen from one of the university approved minors but must be from another College. Please note that none of the courses required by the concentration can be used to meet the requirements of the minors. However, a course used in the concentration or minor also may be used to satisfy core curriculum requirements. When a course is used to meet multiple graduation requirements the credit hours are only counted once. When courses satisfy more than one requirement, the number of electives hours will increase to maintain the 120 hour graduation requirement.
1. **Coaching Minor-** Complete the Coaching minor courses with a grade of “C” or better.  
**Electives for Coaching Minor:**  
KINE 312 Coaching of Baseball - Taught in Spring only  
KINE 317 Coaching of Football - Taught in Fall only  
KINE 321 Coaching of Volleyball - Taught in Fall only  
KINE 351 Coaching of Basketball - Taught in Fall only  
KINE 355 Coaching of Track - Taught in Spring only  
SPMT 489 Performance Psychology
  2. **Second Minor-** Must meet minor requirements set by the minor granting department.
  3. It is the student’s responsibility to note and meet all prerequisites for courses in their chosen Minor.
  4. Students who take courses in a Minor prior to declaring the Minor may result in loss of classes if they are not admitted to that Minor.
- III. **KINE 199s AND KINE 198s**
1. KINE 199 must be Majors Resist Flex; Must not take Pass/Fail (S/U)
  2. KINE 198 must be a strength training writing intensive section (section number beginning with 900). Must not take Pass/Fail (S/U)
- IV. **REQUIREMENTS FOR GRADUATION**
1. Submit departmental *Intent to Graduate* form (<https://mycehd.tamu.edu/academic-services/undergraduate-advising/forms>) by the deadline (February 15<sup>th</sup>, July 1<sup>st</sup> or September 15<sup>th</sup>) two (2) semesters **before** graduation semester. (Fall graduation: February 15<sup>th</sup>; Spring graduation: July 1<sup>st</sup>; Summer graduation: September 15<sup>th</sup>)
  2. Successfully complete all degree plan courses with required grade in each.
  3. Minimum GPR requirement: 2.0 overall at A&M
  4. Add/Pay Diploma Fee the semester you are graduating.
  5. Apply for graduation the semester you are graduating.
  6. Transfer all applicable courses to A&M’s Records Office.