

Department of Health and Kinesiology

Mission Statement

The mission of the Department of Health and Kinesiology at Texas A&M University is to contribute to the quality of life of the citizens of the state, nation and world, through the creation and dissemination of knowledge, training of educators and professionals, and service to the community and profession, with attention to equity and inclusion. Vital aspects of these efforts are to educate our students and the public in the science and benefits of health, human movement, sport, lifetime fitness activities, and wellness.

More specifically, the department will: a.) prepare entry and advanced level professionals in the disciplines of health, kinesiology and sport management with specializations in teacher education, community health, applied and basic exercise physiology, sport organization dynamics, allied health, motor behavior/neuroscience, sport pedagogy, and physical activity/wellness; b.) prepare students for entry into health-related professional programs and/or advanced study in our fields; c.) develop applied and theoretical knowledge in our areas of specialization and disseminate our findings to the scientific community and public; and, d.) provide service and leadership to public and private organizations in clinical, community, corporate, and educational settings.

Goals

In the area of research and development, this department will generate and disseminate applied and theoretical knowledge in the areas of health education, exercise physiology, motor behavior/neuroscience, sports pedagogy, and sport management through:

- scholarly activity appropriate to the discipline;
- external funding for research and development activities;
- collaboration with other scholars at the state, national, and international levels;
- development and maintenance of state-of-the-art research facilities;
- development and maintenance of a scholarly environment conducive to critical thinking and scientific inquiry; and,
- preparation of the next generation of scholars in our areas of specialization, which reflects a diverse and changing world.

In the areas of teaching, mentoring, and curriculum, this department will:

- recruit students from diverse backgrounds and prepare them for careers as educators and practitioners in clinical, community, corporate, and educational settings to work in a diverse and changing world;
- mentor advanced level professionals through research, teaching, and service competencies for careers in teacher education, community health, applied and basic exercise physiology, sport management, motor behavior/neuroscience, sport pedagogy, and physical activity/wellness;
- encourage engagement in domestic and global educational experiences in related specializations; and,
- encourage commitment to lifelong learning and adoption of an active lifestyle that promotes health and wellness throughout the lifespan.

In the area of service and outreach, the department will:

- promote interdisciplinary and transdisciplinary communication and collaboration;
- provide university students with a quality elective physical activity program;
- translate information about health, physical activity, and sport to the university and public through specialized lectures, publications, events, programs, and social media;
- support programs that benefit diverse and underserved populations; and,
- provide public, educational, and professional organizations with leadership and expertise in health, kinesiology and sport management.

Mission Statement Implemented: initial date unknown

Revised July 1993; Revisions Adopted by Executive Committee July 1993

Revised January 2003; Revisions Adopted by Executive Committee January 2003

Revised December 2007; Revisions Adopted by Executive Committee, March 2009.

Revised by Executive Committee August 2014