

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

https://compass-ssb.tamu.edu/pls/PROD/bwxkwtes.P_TransEquivMain

Texas Common Course Numbering System

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN IN HEALTH – ALLIED HEALTH**

STUDENT _____ UIN# _____
(Last) (First) (MI)

Writing Requirement HLTH 481 & HLTH 482 Foreign Language (2 years HS OR 2 semesters University) _____

International and Cultural Diversity (6 hours) HLTH 236; e-mail _____

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			REQUIRED COURSES (30)		
ENGL 104 – Composition & Rhetoric	3		HLTH 210 – Intro to the Discipline	3	
COMM 203 – Public Speaking	3		HLTH 216 – First Aid	2	
MATH ELECTIVES (6)			HLTH 231 – Healthy Lifestyles	3	
MATH 140/141	3		HLTH 236# – Race, Ethnicity & Health	3	
MATH 142 – Business Math II	3		HLTH 240 – Comp Tech in Hlth & Kine	3	
SCIENCE (17)			HLTH 331 – Community Hlth	3	
BIOL 107^ –Zoology	4		HLTH 342 – Human Sexuality	3	
CHEM 101&111- Fund of Chemistry I	4		HLTH 354- Medical Terminology	3	
BIOL 319 – Integ Hum Anat & Phys I	4		HLTH 403 – Consumer Health	3	
BIOL 320 – Integ Hum Anat & Phys II	4		HLTH 429 – Environmental Health	3	
KINE 120–Science of Basic Hlth & Fitness	1		HLTH 481(S/U) + Seminar in Allied Health	1	
LANGUAGE, PHIL & CULTURE ELECTIVE* (3)			PROFESSIONAL PHASE (15)		
	3		HLTH 335 – Human Diseases	3	
CREATIVE ARTS ELECTIVE* (3)			HLTH 353 – Drugs and Society	3	
	3		HLTH 407 – Global Health	3	
HISTORY (6)			HLTH 410 – Exer & Hlth Prog in Workplace	3	
HIST*	3		HLTH 482 (S/U) + Grant Writing	1	
HIST*	3		HLTH 445 – Prof Practice in Hlth Ed	2	
POLITICAL SCIENCE (6)			PROFESSIONAL DEVELOPMENT (18)		
POLS 206 – American National Govt	3		SOCI 205- Intro to Sociology	3	
POLS 207 – State and Local Govt	3		STAT 302- Statistical Methods	3	
SOCIAL SCIENCE (3)				3	
PSYC 107- Intro to Psychology	3			3	
KINESIOLOGY (1)				3	
KINE 199 (S/U) – Req Physical Activity	1			3	
			FREE ELECTIVES (6)		

Courses outlined in **BOLD** indicate classes that **MUST** be taken before admittance to the professional phase of the program.
 Courses **SHADED** indicate classes in the **PROFESSIONAL PHASE** of the program.
 ^Students planning to go to Physician’s Assistant, Physical Therapy, Optometry, and Pharmacy schools must take **BIOL 111 & BIOL 112**.
 * See Core Curriculum at core.tamu.edu. Electives **MUST** satisfy Core Curriculum requirements.
 #Satisfies Core Curriculum International and Cultural Diversity Requirement.
 +These courses satisfy the core curriculum Writing/Communication Requirements.

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120
 ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____
 CHAIR, HLTH _____ DATE _____

This guide is intended to assist students in scheduling. Update as advisor indicates.

COURSE/SUBSTITUTION	PREREQUISITE	TCCNS.ORG	ESSENTIAL INFORMATION!!!
ENGL 104/103		ENGL 1302/1301	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104/103 & COMM 203/205
COMM 203/205		SPCH 1315	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104/103 & COMM 203/205
Lang, Phil & Culture Elective			See Core Curriculum at core.tamu.edu
Creative Arts Elective			See Core Curriculum at core.tamu.edu
MATH 140/141/148/152/166/172		MATH 1324	Needed to apply to Professional Phase; Must make a "C" or better
MATH 142/147/151/131/171 or PHIL 240		MATH 1325	Must make a "C" or better
^BIOL 107/111		BIOL 1413/1406	Needed to apply to Professional Phase; Must make a "C" or better
CHEM 101&111		CHEM 1411	Needed to apply to Professional Phase; Must make a "C" or better
BIOL 319	BIOL 107 or 111&112	BIOL 2401	Needed to apply to Professional Phase; Must make a "C" or better
BIOL 320	BIOL 319	BIOL 2402	Needed to apply to Professional Phase; Must make a "C" or better
KINE 120			Must make a "C" or better
HIST - 3 hrs		HIST 1301	
HIST - 3 hrs		HIST 1302	See Core Curriculum at core.tamu.edu
POLS 206		GOVT 2305	
POLS 207		GOVT 2306	
PSYC 107		PSYC 2301	Meets Social Science requirement. Must make a "C" or better
KINE 199			Must take Pass/Fail (S/U)
HLTH 210			Needed to apply to Professional Phase; Must make a "C" or better
HLTH 216		PHED 1306	Must make a "C" or better, May use HLTH 216 Waiver if applicable (See General Rules)
HLTH 231		PHED 1304	Needed to apply to Professional Phase; Must make a "C" or better
**HLTH 236			Must make a "C" or better
HLTH 240/ISYS 209/210			Needed to apply to Professional Phase; Must make a "C" or better
HLTH 331			Must make a "C" or better
HLTH 342			Must make a "C" or better
HLTH 354			Must make a "C" or better
HLTH 403			Must make a "C" or better
HLTH 429			Must make a "C" or better
HLTH 481			Must take Pass/Fail (S/U)
HLTH 335			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 353			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 407			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 410			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 482			Must be accepted to Professional Phase; Must take Pass/Fail (S/U)
HLTH 445			Must be accepted to Professional Phase; Must make a "C" or better
Directed Electives (12 hours)			Must be chosen from the Professional Development List; Must make a "C" or better
SOCI 205		SOCI 1301	Must make a "C" or better
STAT 301,302, 303	MATH 141/166		Must make a "C" or better
Electives - 6 HOURS			Any 6 hours not previously applied to the degree plan; Must make a "C" or better
#Pharmacy and Optometry students please check with your Professional School on your Math requirements			
**Course satisfies 3 hours of the International & Cultural Diversity requirement.			
^Students planning to go to Physician's Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111 & BIOL 112.			

**GENERAL RULES
ALLIED HEALTH
CATALOG 137**

I. REQUIREMENTS FOR ADMISSION TO THE PROFESSIONAL PHASE OF THE PROGRAM

The Professional Phase indicates “preparedness” for upper level coursework.

- 1) Complete the following courses with a grade of “C” or better:
ENGL 104/103 COMM 203/205 MATH 141/166 BIOL 107/111 CHEM 101&111
BIOL 319 BIOL 320 HLTH 210 HLTH 231 HLTH 240
*You may be enrolled in these courses during the semester in which you apply
*Must have a ‘B/C’ grade combination in ENGL 104 and COMM 203
* Students planning to go to Physician’s Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111
- 2) Minimum GPR Requirement: 2.5 Overall at TAMU (must have 15 graded hours at TAMU)
- 3) Submit a resume with application
- 4) Submit application form by **February 15th for Summer Acceptance, July 1st for Fall Acceptance and September 15th for Spring Acceptance** Forms are available on the website (<http://mycehd.tamu.edu>).

NOTE: Approximately 3 weeks after the deadline you will be able to check <https://howdy.tamu.edu> to see that your status has been changed from Health (Lower) to BS- HLTH-Allied Health. This will allow you to register for professional phase coursework. You will receive official notification of your acceptance or denial into the professional phase of the program approximately two weeks after TAMU grades are posted for the semester.

- II. DIRECTED ELECTIVES** – Students must select one of the professional school electives areas (nursing, physical therapy, etc.) on the attached document from which to satisfy the 18 hour directed electives requirement.
1. Students must choose a directed elective list before they complete 30 hours.
 2. Students may select directed electives from one professional path.

III. RESIDENCY REQUIREMENT

Students must take **36 hours of upper (300-400) level** course work from TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. *See Residency Worksheet in packet.*

IV. Requirements for Graduation

1. Submit departmental *Intent to Graduate* form (<http://mycehd.tamu.edu>) and *Residency Worksheet (in packet)* by the deadline (February 15th, July 1st, or September 15th) two (2) semesters **before** graduation semester. (Fall graduation: February 15th; Spring graduation: July 1st; Summer graduation: September 15th)
2. Complete the following courses with a “C” or better: Bolded Classes, Major (HLTH AND KINE), Directed Elective Courses and Free Electives (Also applies to courses transferred to Texas A&M).
3. Minimum GPR Requirement: 2.5 overall at TAMU
4. Successfully complete ALL degree plan courses with required grade in each
5. Apply for graduation and Add/Pay Diploma Fee the semester you are graduating.
6. Transfer all applicable courses to A&M’s Records Office.

- V. Progress Towards Degree-** Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.

VI. HLTH 216

Students must have two hours not being utilized in any other requirement to sub for the HLTH 216 waiver. Students are not allowed to take the HLTH 216 Weekend Waiver course during their final semester at TAMU. Students will have to register for the HLTH 216 course if this occurs.

VII. Degree Planner Requirement

All students entering Texas A&M University in fall 2013 or later are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan. Students are required to complete the Undergraduate Degree Planner before the start date of their second year. The Undergraduate Degree Planner is in Howdy on the My Record tab in the Undergraduate Degree Planner channel. Guides for using the Undergraduate Degree Planner are also available in Howdy.

Allied Health Directed Electives List

Students must select one of the professional school elective areas (nursing, physical therapy, etc.) below to satisfy the 18 hour professional development electives requirement. Directed electives should be used to satisfy requirements to attend professional school in an Allied Health area. In addition to the health classes listed, any other health class not on the degree plan (with the exception of HLTH 415, 425, 440 and 484) can also be used as a directed elective.

To graduate, Texas A&M University students must meet residency requirement of 36 hours of upper level (300-400 level) courses (HLTH 415, 425, 440 and 484 cannot be used to satisfy this requirement). Students must select electives *wisely* in order to meet the residency requirements in this degree. Please consult with your advisor about this requirement.

*The lists below reflect courses that are required by all or some of the professional school(s) in Texas. Please visit with the office of **Professional School Advising (opsa.tamu.edu)** to learn more about the specific requirements of the school(s) you wish to apply for admissions. Each professional school will have its own requirements.

Nursing

BIOL 206 or 351 (4 hrs)
NUTR 202 (3 hrs)
PHIL 111 or 251 (3 hrs)
PSYC 2314 (3 hrs)

Physician Assistant

BIOL 112 (4 hrs)
BIOL 351 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
BICH 303 or 410 (3 hrs)
NUTR 202 (3 hrs)
GENE 301, 302 or 310 (3 hrs)

Occupational Therapy

PHYS 201 (4 hrs)
PSYC 306 (3 hrs)
PSYC 2314 (3 hrs)
PSYC 335 (3 hrs)

Physical Therapy

BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
PHYS 201 (4 hrs)
PHYS 202 (4 hrs)
PSYC 2314/307 or 306 (3 hrs)

Optometry

PHYS 201 (4 hrs)
PHYS 202 (4 hrs)
BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
BIOL 351 (3 hrs)
BICH 410 (3 hrs)

Pharmacy

BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
CHEM 228/238 (4 hrs)
BIOL 351 (4 hrs)
PHYS 201 (4 hrs)
GENE 302 (4 hrs)

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health
Allied Health (AHO)

The flow chart below is designed to help the student determine when they should take certain courses. See back of this sheet for courses laid out in a four year plan.

- Prerequisite courses are denoted by arrows.
- All bold courses must be completed prior to admission in the professional phase.
- Students may not take courses in the last column until they have been admitted to the professional phase of the program.
- See the General Rules handout for more information regarding admission to the professional phase.

Courses with no prerequisites Typically taken Year 1 and 2	Courses with prerequisites or upper level standing required.	Professional Phase Courses
ENGL 104 COMM 203 MATH 140/141 OR 166 → MATH 131, 142 or PHIL 240 BIOL 107 OR BIOL 111 → &112 CHEM 101&111 HIST (3hrs) HIST (3hrs) POLS 206 POLS 207 KINE 120 KINE 199 (S/U) HLTH 210 HLTH 216 HLTH 231 HLTH 236 HLTH 240 Language, Phil & Culture Elective Creative Arts Elective PSYC 107 SOCI 205	STAT 302 BIOL 319 BIOL 320 HLTH 331 HLTH 342 HLTH 354 HLTH 403 HLTH 429 HLTH 481+ (S/U)	HLTH 342 HLTH 335 HLTH 353 HLTH 407 HLTH 410 HLTH 482+ (S/U) HLTH 445
Directed Electives – Select these from the provided list. Some courses may have prerequisites. Check the course catalog for prerequisites.		
Free Electives – Any credit course. Some courses may have prerequisites. Check the course catalog for prerequisites.		

→ Denotes prerequisite.

+Taking HLTH 481 and 482 will fulfill both Writing Requirements.

Student Name: _____

UIN: _____

ALLIED HEALTH RESIDENCY REQUIREMENT WORKSHEET

Texas A&M University requires that students complete 36 hours of upper level (300-400) courses at TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. Consult with your advisor to make sure you meet this requirement.

Allied Health Degree Plan Requirements at Texas A&M University	Hours Completed At TAMU
HLTH 331 (3)	
HLTH 342 (3)	
HLTH 354 (3)	
HLTH 403 (3)	
HLTH 429 (3)	
HLTH 481 (1)	
HLTH 335 (3)	
HLTH 353 (3)	
HLTH 407 (3)	
HLTH 410 (3)	
HLTH 482 (1)	
HLTH 445 (2)	
STAT 301, 302, or 303 (3)	
Required Courses Subtotal: 34	
<i>36 – 34 Required Courses= 2 Remaining hours</i>	2 Hours Remaining
Other 300-400 Level Electives at TAMU:	
Electives Subtotal:	
Total (Required Subtotal + Elective Subtotal) :	

Reminders:

- Courses must be taken from Texas A&M University in order to count as Residency Hours.
- Courses must be 300-400 level to count as Residency Hours.
- Online courses that are 300-400 taken from TAMU will count as Residency Hours.